

SEPTEMPER 2021

Shenandoah Preschool Lunch Menu

	Monday		Tuesday	Wednesday	Thursday	Friday	
) \		Chicken Nuggets Baked Beans Fresh Broccoli Strawberries Cookie Milk	Walking Taco Green Beans Blueberries Bomb Pop Milk	Cheese Stuffed Crust Pizza 3 Steamed Carrots Lettuce Salad w/Spinach Pineapple Chunks Milk	
	NO SCHOOL	6	Hot Ham & Cheese French Fries Cucumber Slices Mixed Fruit Milk	Savory Grilled Chicken Sandwich Green Beans Mixed Melon Milk	Cheese Nacho's Corn Fresh Fruit Milk	Chicken Fajita Spanish Rice Refried Beans Bell Pepper Strips Mandarin Oranges Milk	
	Ham Sandwich Baked Beans Broccoli & Dip Peaches Milk	13	BBQ Rib Sandwich Green California Blend Vegetables Apple Slices Cookie Milk	Italian Pasta Bake Lettuce Salad w/Cherry Tomatoes Diced Pears Garlic Bread Milk	Cheese Filled Bosco Stick 16 Green Beans Watermelon Orange Sorbet Milk	PBJ Uncrustable Baby Carrots & Dip Banana Fruit Roll Up Milk (Homecoming Sack Lunch)	
	Pulled Pork Sandwich French Fries Cooked Carrots Mixed Melon Milk	20	Orange Chicken Rice Pilaf Steamed Broccoli Mandarin Oranges Milk	Walking Taco Fresh Veggie Mix Peaches Milk	Macaroni & Cheese 23 Steamed Peas Pineapple Chunks Dinner Roll Milk	Meatball Sub Green Beans Mixed Fruit Milk	
	Nacho's w/Beef Spanish Rice Refried Beans Cucumber Slices Strawberries Milk	27	Chicken Nuggets 28 Mashed Potatoes & Gravy Broccoli Peaches Dinner Roll Milk	Sloppy Joe Corn Blueberries Chocolate Pudding Milk	Spaghetti w/Meat Sauce 30 Lettuce Salad w/Cherry Tomatoes Watermelon Garlic Toast Milk		
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